

## Key messages from student mentor...

'Be positive minded always because it helps to focus on things that can bring success not things that put you down'

'Keep good relationships with people'

'Whatever you do make sure that you do it to the best because every opportunity needs hard work'

'Take every chance you get; you never know what will be for the best or what will lead to success'

## Feedback from students ...

'I learned many things such as working hard, having trust, finding new friends that will help me in my career and living peacefully with others. I was that person who was very shy and not confident, who could not express what I can do but after this workshop I learned that I have to express my ideas'

'I saw that I have the ability to prepare my future. As a young person I have to start to prepare my tomorrow from now. Working hard, discipline and never giving up are the keys of success in life'

'I learned human values and time management which helps me to perform my everyday life well. The most helpful thing I gained from the workshop is how I bring about my own self-development by being positive with a positive outlook.'

'The workshop was a marvellous advantage for us. We got helpful advice about life after school, work and living in harmony with other people'

'I really gained a great deal from the workshop. I learnt much about life and well-being, positive values, conflict solving and now I am sharing what I learnt with my friends'

'I was a person who was thinking negatively in negative way, but I saw that to think in a positive way is good thing that can help you to have a bright future and to inspire others.'

'After this workshop I am going to study one of short course such as Hair Dressing, Tailoring or Culinary Art. One of these courses will help me to get a job and other connections.'